



CALL FOR PRESENTATION PROPOSALS

Mind Matters: Incarceration. Injustice. Inequality. a Mental Health Conference
Hosted by: Empower East, formerly Mental Health America of Eastern Carolina
September 16-17, 2021 | Virtual Conference



Mind Matters: Incarceration and Injustice will provide mental health professionals, healthcare and service providers, social justice advocates, law enforcement officials and, policy makers with the realities of injustice and discrimination and help develop solutions to address these realities.

Attendees will have hands on workshops and lectures to discuss patient needs, patient care, and discussion on the state of the mental health system in NC. Over 200 providers have attended Empower East's previous conferences each year, and we expect that number to grow , with expanded space and additional breakouts.

2021: Incarceration, Injustice, & Inequality

This year's conference will focus on addressing mental health and social justice epidemics facing the Southeast. Topics will range from criminal injustice, social justice, and more. Suggested topics are attached, although additional topics would be considered by the committee.

Submissions including a cover letter, brief outline, objectives, and resume(CV) are due no later than **5pm on May 30, 2021** and can be sent to conference@empowereast.org. Acknowledgement will be sent upon receipt. Consideration will be corresponded by June 15, 2021.

In order to be considered, presentations must:

- Be applicable to mental health and substance use providers
- Be interactive
- Allow time for questions and group discussion
- Be realistically presented in 90 minutes or less, and
- Be conducted with no more than three presenters.



Suggested Topics for 2021:

The Empower East Conference plans to educate attendees through the before stage four philosophy. Suggested topics for this year's event are:

Improving Provider Services for People Impacted by Mental Illness

Housing Crisis: How Sustainable Housing Effects Mental Health

Helping to End Homelessness

Decriminalizing People with Low or No Income and /of Have a Mental Illness

Promoting a Socially Just and Accepting Society

Addressing the School Bullying Epidemic

The Intersection of Mental Health and Criminal Justice

The Effects of Social Injustice on Mental Health

The Legal Environment in the Mental Health Landscape

Mental Health: A Vision for 2025

The Refugee Crisis: Caring for Persons Fleeing for Their Lives

Effects of LGBTQIA+ Discrimination on One's Mental Health

Why Mental Health is a Social Justice Issue

Stopping Stigma: A Provider and Advocates Role

#MeToo: How Sexual Violence & Harassment Effect Mental Health

OTHER TOPICS COULD INCLUDE:

State & Local Resources for Persons with Mental Health

Family: Involving Support Systems into Treatment and Care

LGBTQIA+: Extending Mental Health Services to a Vulnerable Population

Institutional Racism/Race Relations

Barrier Removal for Under-resourced Individuals

Self-Injurious Behaviors: How to Respond and Prevent

Objectification of Women

Cultural Humility

Person Centered Care: Keeping the Main Thing, the Main Thing

Trauma Informed Care: Identifying Triggers, and Addressing the Cause

Criminal Justice/Re-entry

Sensory Modality: Safe Spaces and Therapeutic Environments

Deescalation: Defusing Situations Before They Start

Care for Patients with Mental Health Disorders for Non-Psych Professionals

Autism and Mental Health: Working with Dually-Diagnosed Populations

**Final decision is at the discretion of the planning committee.*

Q&A:

Commonly asked questions about Empower East conference presentations:

WHEN ARE SUBMISSIONS DUE?

Proposals including a Cover Letter, Brief Outline, Objectives, Resume (CV), are due no later than 5:00pm on May 30, 2021.

WHEN WILL I KNOW IF I HAVE BEEN SELECTED?

Response to Proposals will be sent out on or before June 15, 2021.

ARE THERE HONORARIUMS FOR SPEAKERS?

In order to keep costs down for attendees, we cannot provide payment for expenses or presentations, unless extenuating circumstances apply.

WHERE DO I SUBMIT MY PROPOSAL?

You may submit by email to conference@empowereast.org, or by mail to: Empower East: Conference Committee; PO Box 2472; Greenville, NC 27836



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